# Health and Safety Requirements for New Mexico Child Care Facilities and Early Childhood Professionals

On March 11, 2020, Governor Michelle Lujan Grisham declared a public health emergency in order to maximize the resources available to fight the spread of COVID-19 and minimize public health risks for New Mexicans. The fight against COVID-19 is ongoing, fluid, and requires our collective diligence and attention.

The following is a list of required health and safety practices, effective August 23, 2021, for all New Mexico Child Care Centers, licensed and registered homes, and early childhood professionals.

### **Required Practices**

- Parents/guardians may resume entry exclusively for the purposes of pick-up or drop-off under the following conditions:
  - · Limit entry to one parent or guardian;
  - Time spent in facility should not extend beyond that which is necessary for picking-up or dropping-off child(ren);
  - Masks are required to be worn indoors by all parents/guardians;
  - All other parental interactions with staff must remain virtual or outdoors (e.g. – parent-teacher conferences, daily reports, payment processing, etc.); and
  - Ensure physical distancing is maintained
- All other access to the facility must be limited to essential visitors, which includes breast feeding mothers, parents/guardians seeking services, therapists, early interventionists and special education staff, FOCUS verifiers, ECECD regulatory staff, and practicum students.
  - Providers must conduct daily temperature checks and screenings for symptoms prior to entry for non-vaccinated staff and all other essential visitors entering the building.

- Masks are no longer required outdoors for staff, children, parents, and essential visitors except in public places such as parks, etc
- Indoor mask requirements remain in effect for everyone age 2 and over.
- Licensed providers may operate at group sizes and ratios according to their licensed Star level
- Providers must conduct daily wellness checks on every child at the facility.
- Masks are required indoors for all staff, plus gloves and gowns as needed for wellness screenings of children or health screenings of staff and essential visitors.
- Masks are required for children age 2 years and older when indoors (except when drinking, eating, or napping)
- Training on COVID safe practices is required for all staff, including cooks and transportation staff.
- Good hygiene practices are required, including frequent handwashing/sanitizing
- Frequently touched surfaces should be cleaned often throughout the day and disinfected at the end of each day.



#### **Continued**

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- Providers should not serve family-style meals; have employees (not children) handle utensils. Wear gloves when serving children. Plate each child's meal.
- Providers must serve meals in the classroom. If spaces such as cafeterias need to be used—as with licensed out of school time programs stagger use and clean and sanitize between use.
- Transportation safety requirements:
  - Mandatory mask wearing for passengers two years of age and older.
  - Use the vehicle's vents and windows to bring in fresh air and avoid using the recirculated air option.
  - If possible, maintain one empty space between passengers.
  - Require handwashing/hand sanitizer before and after exiting the vehicle
  - Clean and sanitize regularly touched surfaces between groups/runs.
- Requirements regarding testing for non-vaccinated staff and practicum students
  - Non-vaccinated staff and practicum students must test for COVID-19 every week. Providers must maintain copies of test results for at least twelve (12) months for review by licensing.
  - **Fully vaccinated** staff and practicum students do not need to be tested for COVID-19 unless they are involved in a rapid response situation.
- Providers must exclude children or staff from the program who have two or more symptoms consistent with COVID-19 and/or test positive, including those who are fully vaccinated.
- Staff and children who were in close contact with a confirmed COVID-19 positive case must quarantine for 10 days (unless they are two weeks past full dose of vaccination or have recovered from COVID-19 infection in the past 90 days).
   Anyone fully vaccinated who is exposed to a confirmed case should monitor themselves for symptoms for 14 days after exposure and get a COVID test 3-5 days after exposure; if symptoms develop, they should get tested and self-isolate while waiting for the results.



#### **Resources:**

More detailed guidance concerning best practices related to COVID-19 is available from the New Mexico Department of Health (NMDOH): bit.ly/nmdoh-march2021 and from the Centers for Disease Control and Prevention (CDC): https://binged.it/3fvSta5

Providers must report all positive cases to the ECECD Rapid Response Hotline (1-833-866-3272), Department of Health (1-855-600-3453), and all positive staff cases to the New Mexico Environmental Department Occupational Health and Safety Bureau: (505) 476-8700 or online at nmgov.force.com/rapidresponse.

