



**Parenting requires
support...
it really does take
a village...
who will be your
village?**



**Remember...
You are not alone!**

New Mexico Home Visiting

programs are available all over
the state of New Mexico.

To find a Home Visiting
program near you:

www.cyfd.org/home-visiting
505-827-7946



**New Mexico
Home Visiting**



What we do...

- ♥ Come to see you in the convenience of your home
- ♥ Offer support and listen to you and what you have to say
- ♥ Answer questions about your baby's development
- ♥ Help connect you with resources in your community

Benefits of home visiting...

- ♥ Support for you, your baby and your family's well-being
- ♥ Better understand how your baby lets you know what she wants
- ♥ Discover ways to use your relationship with your baby to support his development
- ♥ Better understand the baby blues



“There’s no such thing as a baby. There’s a baby and someone.”

- Donald Winnicott



Babies get what they need from you and we are here for you and your baby.

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Research shows...

- ♥ What a child experiences in their first years of life makes a big difference in how their brain will develop and how they will interact with the world throughout their life.
- ♥ Nurturing parent—infant/toddler interactions are critical to the development of a secure attachment, best possible development in all areas of functioning, and is associated with greater success during the school years.



From day one, the little things you do can make a big difference in your baby's life!